

## Noel House Art Projects      instructor: Judith Heim

Week one: Paper Collage Cards.

Materials needed:

1. Cardstock (8 ½ x 11 is fine)
2. Paper scraps from:  
Wrapping paper, paper bags, foil candy wrappers, wrapping tissue paper, old wallpaper, handmade decorative papers (rice paper etc), decorative paper napkins, magazine pages, food labels, envelopes, canceled postage stamps and whatever else you might find.
3. old ribbons etc.
4. Glue sticks (I use the UHU glue in the yellow tube which is great for paper to paper adhesion.

Objectives:

1. To emphasize that you can make art from ANYTHING!....even the humblest of things that you might normally just throw away .
2. To emphasize Composition on a page:  
Symmetrical and asymmetrical balance.  
Visual tension etc.
3. To emphasize Textures and contrast (smooth and rough, shiny and matte, etc)
4. To demonstrate gluing and collage techniques.
5. To have fun!



The above collages are samples created by the instructor/artist Judith Heim for Circle of Friends for Mental Health curriculum .